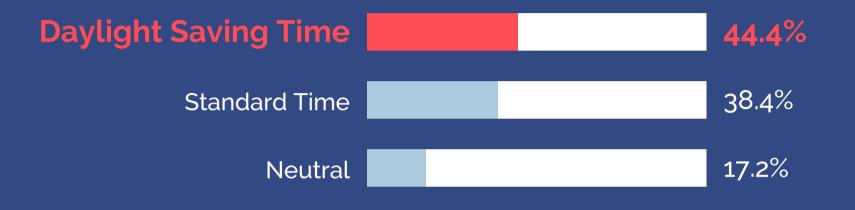
Americans Prefer Daylight Saving Time





And over half say it takes them

3 OR MORE DAYS

to adjust to the time change in March

SLEEPOPOLIS